

Seasonal Flu Clinic Announced – Get Your Flu Shot!

Mayor Carlo DeMaria, Jr. and the Everett Health Department would like to announce an upcoming Seasonal Flu Clinic open to the Everett community.

The Clinic will be held on Saturday, November 20, 2010 at the Lafayette School, 117 Edith Street in Everett from 9:00 am to 12:00 pm.

“Influenza is unpredictable, and we don’t yet know how severe a flu season this year will be. The CDC is now recommending that all people 6 months and older receive the flu vaccine. However, public clinics typically only vaccinate those who are two years of age and older. Vaccination is the single most effective way to protect yourself and your loved ones from flu - especially if you or someone you care about has a chronic health condition like asthma” said Heidi Porter, Director of Public Health.

The flu clinic on November 20th is free of charge and open to anyone over 2 years of age. No appointment is necessary. We require that you bring your Health Insurance and/or Medicare cards, as we are able to be reimbursed for administration of the vaccine. Children under age 18 must be accompanied by a parent or guardian.

The seasonal vaccine this year includes protection against the seasonal and H1N1 vaccine strains. If children under 9 did not receive the H1N1 vaccine last year or only received one of the 2 required doses, then they will have to receive 2 doses of the seasonal vaccine this year, separated by one month. Additionally, if this is the first year a child under 9 is receiving the seasonal flu vaccine, a second dose will be required a month later.

At this clinic we are offering the traditional “flu shot” as well as “flu mist,” a vaccine mist that is administered via the nose. The “flu shot” is available for people over 2 years of age and women who are pregnant. The “flu mist” is available for people between the ages of 2 and 49 who are healthy and not pregnant. Both the “flu shot” and the “flu mist” are available for children under 9 years of age who meet the requirement for a booster vaccine after one month.

For further details please call the Health Department’s Flu Hot Line at 617-394-2257, visit the Health Department webpage on the City of Everett website - www.cityofeverett.com or contact the Health Department 617-394-2255.